

Although interests develop over many years, and may not be fully developed until an individual reaches nineteen or twenty years of age, measuring interests throughout high school can help a student select courses wisely, and plan for post-secondary education or training. Both paper and pencil and on-line inventories are available to MDUSD students. An interest survey may be routinely administered to all students as part of a class at some district high schools, but all district students can access several occupational interest inventories on-line at home, or in the College & Career Center or Computer Lab at school.

The district has purchased site licenses for two on-line programs, **MyRoad™** and **GetInsights**. Students must contact their College/Career Advisor for the necessary codes to access these programs free of charge.

**MyRoad** is a career, major, and college exploration tool. It includes a “*Personality Profiler*,” which is an assessment students can take to learn about personality types and receive major and career suggestions, access profiles of academic fields, and articles about more than 450 occupations. “*My College Matches*” provides users with a starter list of colleges based on home state and intended major. Students will need to set up an account at [www.collegeboard.com](http://www.collegeboard.com). Students who took the PSAT this past fall will need the 10-character code that appears on the top right corner of the PSAT Score Report. Go to [www.collegeboard.com/psatextra](http://www.collegeboard.com/psatextra) and click on “Sign in to My College Quick Start Now.” Other students will need to obtain the handout, *Setting-up Your MyRoad Account*. Stop by the College & Career Center, or e-mail your College/Career Advisor, to obtain the directions.

**GetInsights** was developed by a local company, and strives to provide a teen-friendly assessment that is a “fun, fast and compelling way for students to gain insights about themselves and their optimal college majors and career paths.” Student users can save their profile results to review or consult at a later date. GetInsights’s quick, 18-question interest inventory will appeal to younger students, but older students will find it interesting to see if and how their interests change during high school. Each high school in the district has its own “coupon code,” which is required to log in to this program at [www.getinsights.com](http://www.getinsights.com). E-mail your College/Career Advisor to obtain a *GetInsights Student Worksheet*, which will help you fully utilize your assessment results and the wealth of information available at this web site. Northgate High School’s coupon code is 4396F4. Students from other high schools, or Foothill Middle School, should not use the Northgate code number. At the GetInsights’s web site, click on “take your profile now,” and enter your name, e-mail address, coupon code, etc. to register at the site.

**California CareerZone** is a new way to explore jobs and occupations that California has to offer and also learn about what career path interests you. You can learn more about which jobs match your personality through the “*Quick Assessment*” or “*Interest Profiler*,” or learn what’s important to you in a job, such as independence, recognition or support through the “*Work Importance Profiler*.” Exploring jobs and occupations can also be done through the “*Industry*” sectors. After high school, students will need to work to pay for their desired lifestyle. “*Reality Check*” helps students assess their future needs/wants, learn how much money they will need, and which occupations will provide them with sufficient funds to pay for their desired needs and lifestyle. This FREE tool is available at [www.cacareerzone.org](http://www.cacareerzone.org).

The **Bay Area Career Guide** [www.bacareerguide.org](http://www.bacareerguide.org) is a FREE online resource to discover, understand and pursue hundreds of career and technical education (CTE) opportunities at San Francisco Bay Area’s 26 community colleges. Taking the Survey helps students match their interests with specific training programs. Each of the community colleges offers different CTE programs which are available to all students. Fees are the same as for other community college course offerings, although there may be additional expenses for tools, uniforms, protective gear, etc.